

What is PEP?

Post-exposure prophylaxis, or PEP, is an **emergency medication for anyone who has a potential exposure to HIV.**

PEP is most effective if taken within



PEP is taken daily for



Do you think you need PEP?



Go to the ER or Urgent Care



Reach out to your doctor



Call Be You CO for help

About Us

Be You Colorado is an HIV prevention and sexual health education program. We educate and connect youth/young adults (ages 13-24) and adults to HIV/STI testing and treatment, PrEP/PEP, or other sexual health needs. We work in the Denver Metro Area and many rural counties across Colorado. Our services are inclusive, sex-positive, and center on harm reduction.

We Can Offer



HIV/STI Testing & Referrals



PrEP & PEP



HIV prevention materials

Our team is here to help you get the sexual health support you deserve.

Call/Text: 720-708-7101
www.beyoucolorado.org

BE YOU
COLORADO

BE YOU
COLORADO



PrEP & PEP

**To prevent
HIV**



What is PrEP?

Pre-exposure prophylaxis, or PrEP, is a medication for those who are HIV negative **to reduce the risk of HIV through sex or injection drug use.**



PrEP is available as a daily pill or an injection every two months.

PrEP only prevents HIV and does not prevent pregnancy or other STIs.

Are there side effects to PrEP?

Many don't get side effects. Most who get side effects have mild ones.



Fatigue



Nausea



Headache

These side effects pass in 2-4 weeks.

Your doctor will order an HIV test and other labs every 3 months to prevent long-term side effects.



Good sexual health is **key** to good health.

Is PrEP right for me?

PrEP might be the right option if you:

- 1** Have sex
- 2** Inject drugs
- 3** Don't regularly use condoms
- 4** Previously had an STI
- 5** Have multiple partners
- 6** Have an HIV+ partner
- 7** Don't know partner's HIV status

How do I pay for PrEP?

The medication, lab work, and visit **cost are fully covered by most insurance plans, including Colorado Medicaid.**

If you are uninsured you may qualify for financial assistance programs to cover the cost.

Be You Colorado can help you find what's right for you.

How else can I prevent HIV?

There are many ways to prevent HIV:



Using latex and non-latex condoms during sex.



Using sterile injection equipment and not sharing syringes or works.



Testing for STIs before sex with a new partner and between partners.



Taking medication to protect your body from HIV, like PrEP and PEP.



If living with HIV, taking medication to prevent transmission of HIV.

Talk to your doctor about testing and treatment!

Got a question? contact us!